

01 Mellon Udrigle Circuit

- distance : 4 km (total)
- height gained : 100m
- time : 1hr (total)
- under foot : rough path & track
- parking : Mellon Udrigle beach car park
- comments :

A pleasant walk around the Rubha Beag headland with stunning views to the far north of Scotland.



Easy walk, with no particular difficulties.



02 Slaggan

- distance : 10 km (5km each way)
- height gained : 60m
- time : 2hr 30min (total)
- under foot : rough track
- parking : old quarry
- comments

Fairly flat walk along a rough track to old settlement & secluded beach.



Easy walk, with no particular difficulties.



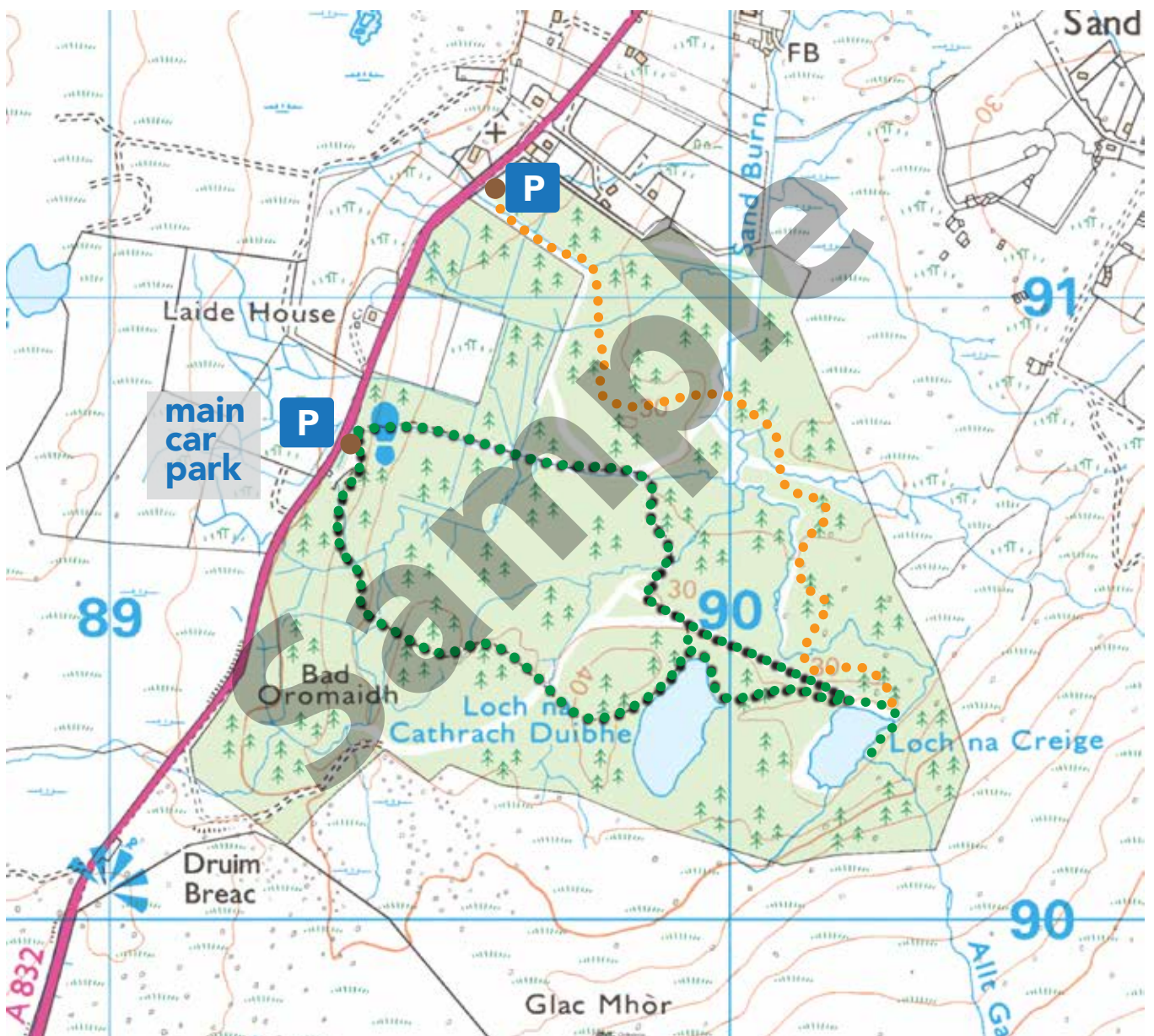
03 Laide Wood Trail

- distance : 2.5 km (total)
- height gained : 30m
- time : 45min (total)
- under foot : good path
- parking : Laide Wood car parks
- comments :

A nice walk through a community woodland with a choice of routes to secluded small lochs and a hidden waterfall. Benches are situated throughout to enjoy the views.



Easy walk, with no particular difficulties.



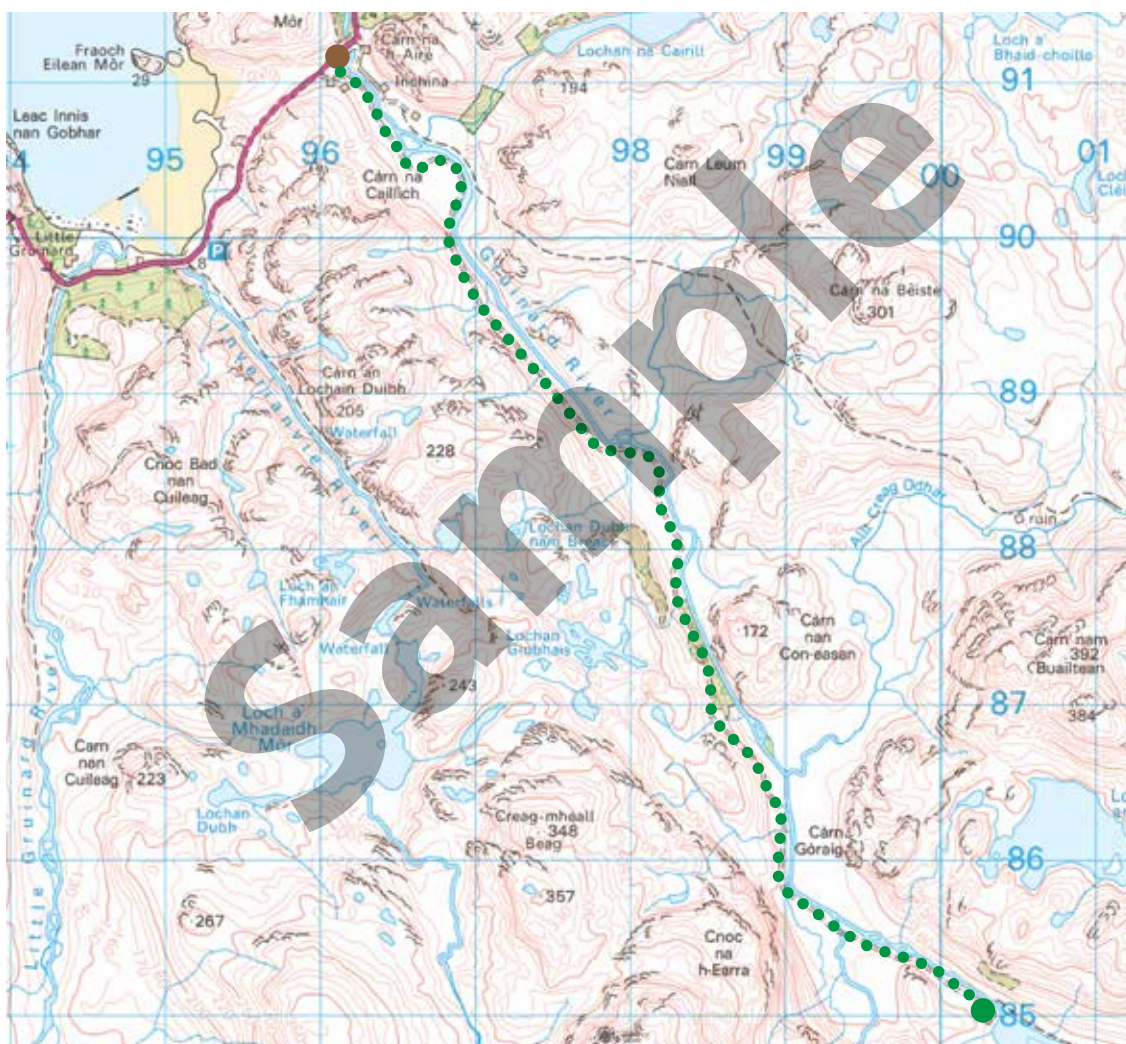
04 Gruinard River to Loch na Sealga

- distance : 17 km (8.5km each way)
- height gained : 140m
- time : 3hr 30min (total)
- under foot : rough track
- parking : Limited parking on roadside verge
- comments :

A relatively flat walk on a rough landrover track up to a boathouse at the west end of Loch na Sealga.



Easy walk, with no particular difficulties.



05 Inverianvie River from Gruinard Beach

- distance : 6 km (3km each way)
- height gained : 200m
- time : 1hr (total)
- under foot : rough path
- parking : Gruinard beach car park
- comments :

A short walk along the river and gorge.

Take care on the steep section through gorge.

Although this is a fairly short walk, it is quite demanding at times.

The walk can be extended by following small cairns over to the Gruinard River track then back along the road to the car park.

2hr 30min / 9km (total)



Moderate walk. Paths may be indistinct at times.



08 Loch Kernsary Circuit from Poolewe

- distance : 10 km (total)
- height gained : 150m
- time : 2hr 15min (total)
- under foot : road, track, path
- parking : Riverside car park, Poolewe
- comments :

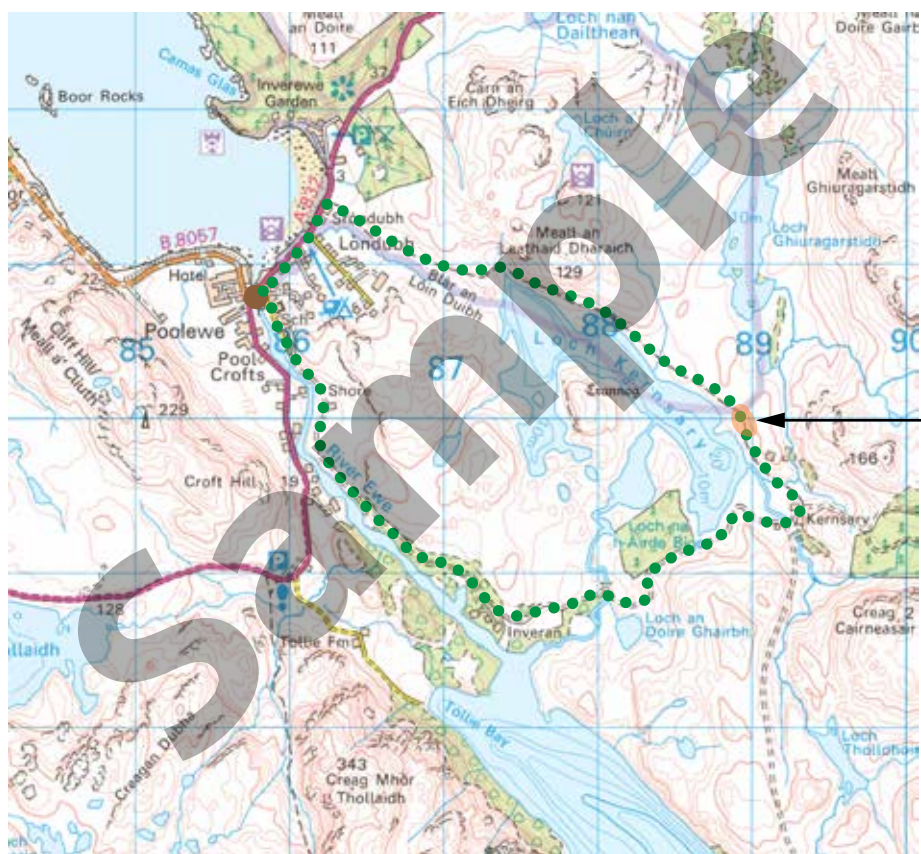
A pleasant circular walk along the River Ewe and Loch Kernsary.

Can be done in either direction.

Slightly boggy at one short section.



Easy walk, with no particular difficulties.



short
boggy
section

10 Beinn Àirigh Charr Circuit

- distance : 20 km (total)
- height gained : 440m
- time : 4hr 30min (total)
- under foot : rough track, path
- parking : Riverside car park, Poolewe
- comments :

An interesting figure-of-eight walk skirting the base of Beinn Àirigh Charr.

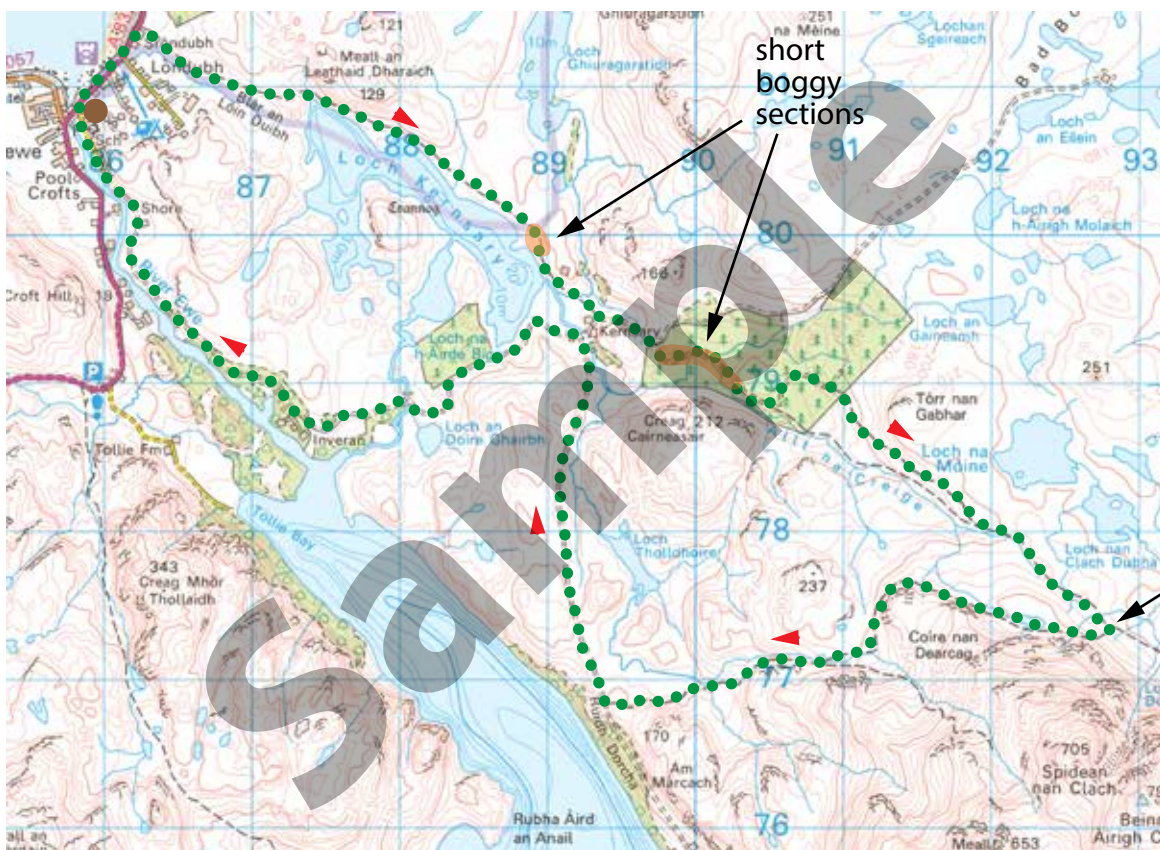
The section through the forest can be boggy.

Quite a long walk, but can be modified to suit.

You don't need to follow it in the direction shown - you can do it your own way!



Moderate walk, although fairly long



look out for the path junction

12 Achtercairn Archaeology Trail

- distance : 3 km (total)
- height gained : 150m
- time : 50min (total)
- under foot : good path
- parking : museum car park (behind museum)
- comments :

More information on the archaeology can be found in a booklet on sale in the museum.

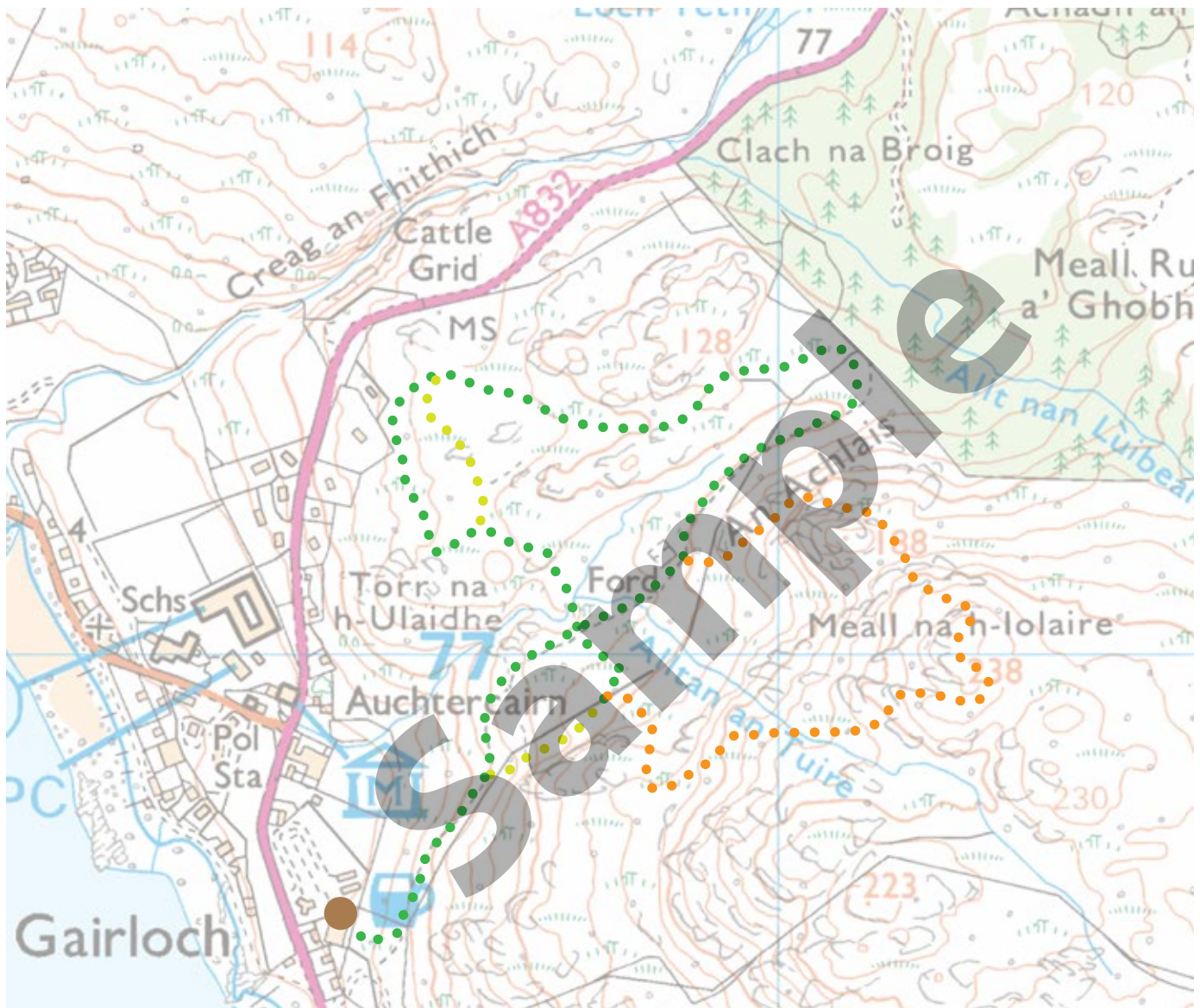
The walk can be extended to the Hill of the Eagle (Meall na h-Iolaire) on a path with some steep sections (4km/1hr 30min/250m ascent).



Easy walk, with no particular difficulties.



Moderate walk. Paths may be indistinct and steep at times.



14 An Àrd (beach and golf course + arboretum)

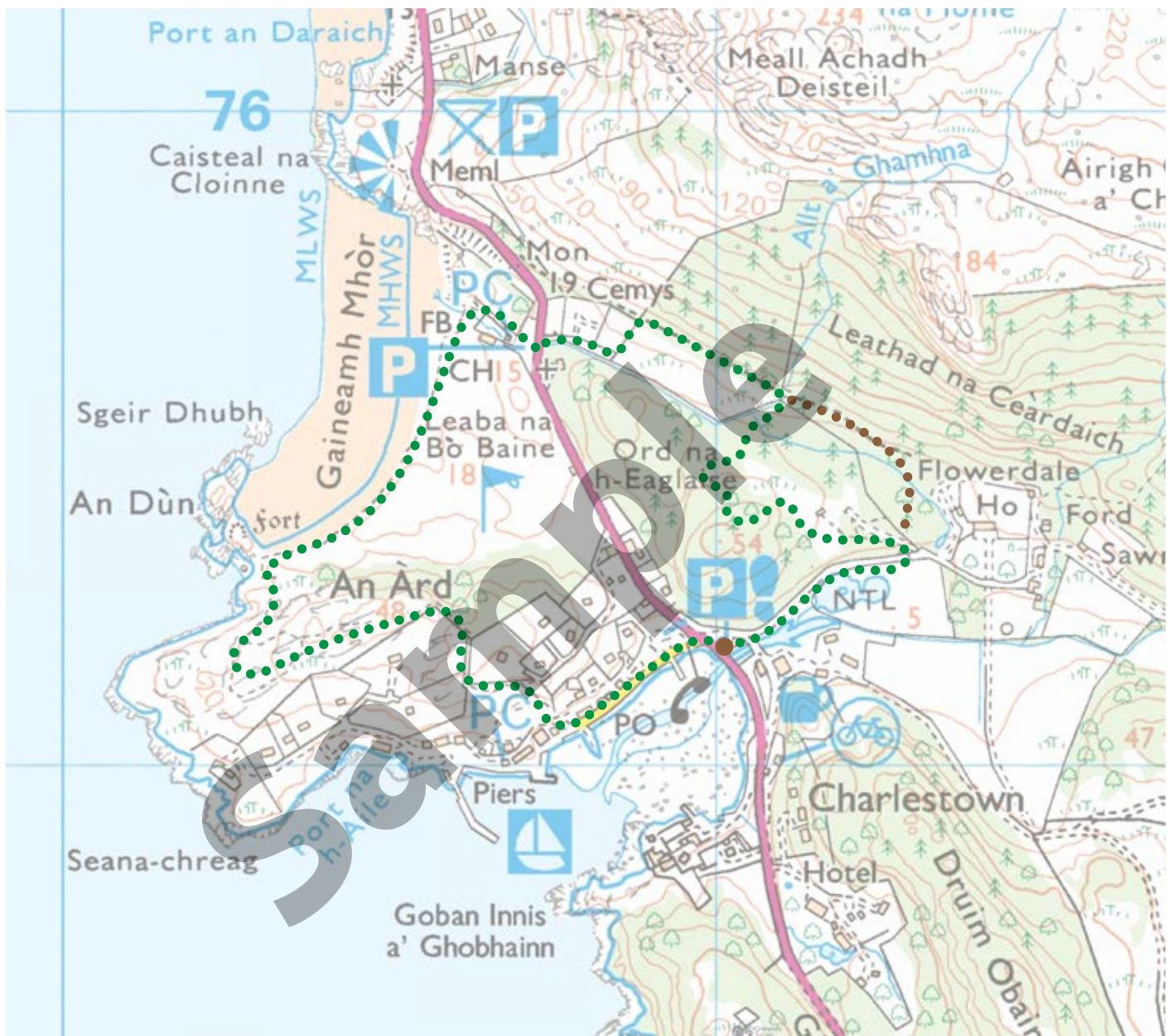
- distance : 3 km (total)
- height gained : 90m
- time : 1hr (total)
- under foot : good path
- parking : old bridge or slipway car parks
- comments :

This walk combines a route along the edge of the golf course next to the beach, with the arboretum walk in Flowerdale.

This is an interesting short walk through varied habitats, with good views looking over to Skye from An Àrd. This contrasts with the arboretum, planted many years ago with exotic trees.



Easy walk, with no particular difficulties.



15 Flowerdale Waterfall Walk

- distance : 4 km (total)
- height gained : 80m
- time : 2hr 15min (total)
- under foot : track, path
- parking : Flowerdale car park
- comments :

A lovely walk through Flowerdale Estate, up to *Easan Bàna* waterfalls and back to the car park.

The route is well marked with signs and there is a good path all the way.

The bridge across the river, just before the falls, is no longer reliable. However, it is easy to cross the river on stones. Take care on the short section beside the waterfalls, as it is steep. Short paths diverge to the right for better views of the falls. Above the main waterfall, the path crosses a small footbridge and returns down the other side.



Easy walk, with no particular difficulties.

